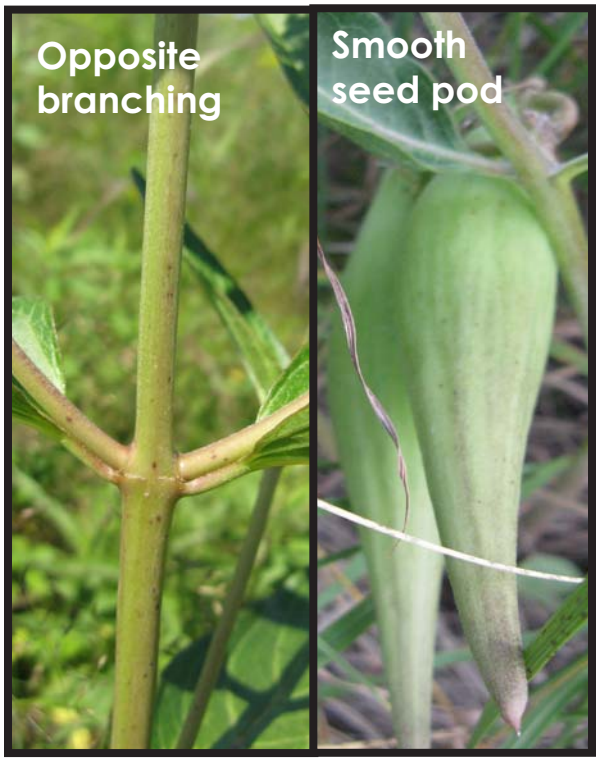
Marsh milkweed
Asclepias incarnata

Minnesota C-Value: 4
Wetland Indicator Status: OBL
Native



Leaves: Opposite, lance-shaped or oblong leaves, usually smooth. Base of leaf abruptly rounds inward and is on a short stalk < 1.5 cm.

Stems: Up to 5 ft tall. Stiff, rounded, and may have short appressed hairs. Contains milky sap that can be seen when the stem is broken. Often branches towards the top.

Flowers and fruit: Rich pink 5-parted flowers are clustered in several flat-topped umbels. Flowers are 2-3 mm wide. Fruit is a long, narrow pod filled with windborne seeds.

Plant communities: Wet meadows, sedge meadows, shallow marshes, lakeshores, and ditches.

Comments: Perennial. Showy (*A. speciosa*, FAC) and common (*A. syriaca*, UPL) milkweeds have wider leaves that have a downy underside.